

**Mindfulness-Based Stress Reduction
Registration Form for September 9th- October 28th, 2015
Plus a day of Mindfulness on Saturday, October 17th**

We are dedicated to protecting your privacy. The information you share on this form will be kept completely confidential and will be shared only with the instructor and assistant.

Section 1

Name: _____

Address: _____

Date of Birth: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Emergency Contact (name/relationship/phone #):

CEs available only for: LCSWs, LMHCs and LMFTs*

I would like CEs ____ (please circle one from list below)*

Program fee:

\$225.00

19 contact hours available for LCSWs, LMHCs, LMFTs*

***Must attend all classes including Day of Mindfulness to receive CEs**

Please make check or money order payable to: **Southeast Healthcare Foundation**

Mail your registration form and fee to:

UF Health Shands Arts in Medicine

Box 100326

Gainesville, FL 32610-0326

Or drop off at Criser Cancer Resource Center, Rm 1302 of the UF Health Shands Cancer Hospital
Open 9-5 Monday – Friday.

Section 2

How did you hear about this class? _____

Please share your reasons for taking this course.

Are there any movements or activities that you have been told by a medical professional not to do? _____

Is there anything else that would be helpful for the MBSR instructor to know about you? _____

Section 3

*Please request this signature from your physician for his/her signature **ONLY** if you are **currently** a patient. This signed release must be submitted before you may participate.*

Medical Conditions Please list any medical or health conditions you have:

Have you had any surgery in the past six months? Yes No

If YES, what was your date of surgery? _____

Type of surgery? _____

Date of surgery? _____ Type of surgery? _____

Questions about registration, contact:

John Kieslich, administrative assistant: kieslj@shands.ufl.edu or 352-733-0881

Questions about the course content:

See website: nancylasseter.com

Or contact Nancy Lasseter, course instructor: lasnan@shands.ufl.edu

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